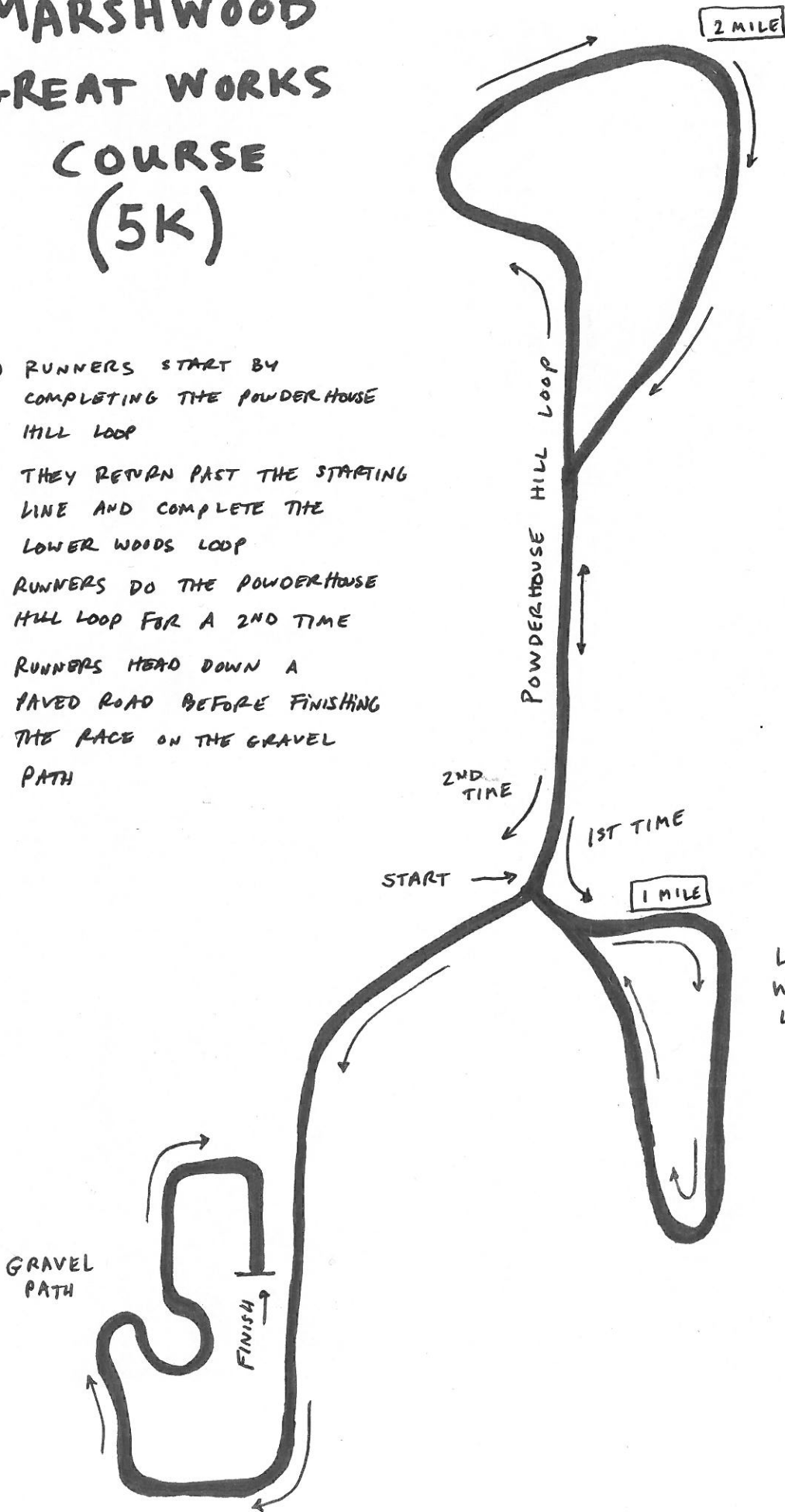


MARSHWOOD GREAT WORKS COURSE (5K)

- ① RUNNERS START BY COMPLETING THE POWDERHOUSE HILL LOOP
- ② THEY RETURN PAST THE STARTING LINE AND COMPLETE THE LOWER WOODS LOOP
- ③ RUNNERS DO THE POWDERHOUSE HILL LOOP FOR A 2ND TIME
- ④ RUNNERS HEAD DOWN A PAVED ROAD BEFORE FINISHING THE RACE ON THE GRAVEL PATH



LOWER
WOODS
LOOP

* AFTER LOWER WOODS
LOOP, RUNNERS HEAD
BACK UP POWDERHOUSE
HILL FOR A 2ND TIME